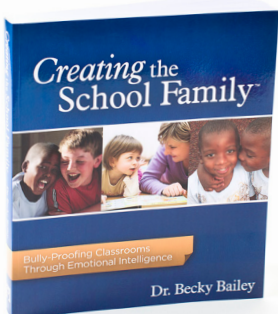


## Educational Products for Successful Phase 2 Implementation

Each school has a unique implementation path. Here are some ideas for Phase 2 of implementation.



### Creating the School Family

Transform school culture using twelve classroom structures essential for creating inclusive, compassionate, bully-free learning environments.  
**Ages 3-12.**



### Safe Place™ Mat

Remind children how to actively calm themselves with the S.T.A.R., Drain, Pretzel, and Balloon breathing technique icons embroidered on this plush mat.  
24"x20. **Ages 3-12.**



### Safe Place™ Poster Set

Social-emotional success starts with self-regulation. This set of 4 (11.25" x 8.5" each) laminated posters makes setting up a Safe Place in your classroom or home a breeze! **Ages 3-12.**



### I Choose Self-Control Board

This double-sided felt board and velcro choices help children identify what they are feeling, reflect on their intention by setting a goal and choose a regulatory strategy to meet that goal. Supports the five steps of self-regulation. **Ages 6-13.**



### Active Calming Center

The *Active Calming Center* guides children through nine physical and mental tasks that help calm and organize the brain. Use as a precursor to the Safe Place™, a standalone brain break, a transition helper or an "anytime" calming strategy. **Ages 3-12.**



## CLASSROOM EDITION: Feeling Buddies Self-Regulation Deluxe Toolkit

This kit uses literacy, music and movement to teach children self-regulatory strategies and language that will become their inner speech for self-control, emotional well-being, empathy and healing for the rest of their lives. **Ages 4-7.** Also available in Spanish.



## Baby Doll Circle Time Curriculum

Improve relationships between caregivers and children, reduce the stress of out-of-home care, utilize attachment, attunement and social play to wire the brain for optimal development, and help children develop healthy blueprints for self-regulation, relationships and sense of self. **Ages 0-3.**



## Powers of Resilience – SEL for Adults

The Seven Powers of Conscious Discipline help you develop your inner resources and become aware of the unconscious mental models, beliefs, biases and intentions that drive your feelings and behaviors. Designed for group learning.



## Attend a Live Event

Our Institutes, Conferences and 2-Day live events are particularly impactful learning experiences for those in Phase 2 of implementation. These unique events cultivate lifelong connections with the material and with motivated peers who are on their own journeys with Conscious Discipline.

Available at: [ConsciousDiscipline.com/Shop](https://www.consciousdiscipline.com/Shop)